

FITNESS TOGETHER APPLICATION FOR EMPLOYMENT

Name: _____ Date of Birth: _____

Address: _____ City: _____ Zip: _____

Phone Numbers: (home) _____ (cell) _____

Education:

List all degree(s) and the school(s) you received them from:

If you are still in school, what is your major? _____

What year in school are you? _____ Semesters remaining? _____

List any certifications you have received that relate to health or fitness:

List any courses you have taken in the area of fitness, nutrition, wellness, etc:

List any practical experience you have had in fitness:

How often do you workout? _____

What type of routine? (weights, aerobics, etc.) _____

How do you define Physical Fitness? _____

What appeals most to you about this opportunity? _____

Have you ever been convicted of a felony? _____

Extra Curricular Activities, Community Involvement, Volunteer work, Awards, Accomplishments, Interests (can continue on back side):

What do you feel is your strongest Asset? _____

What is your weakest characteristic? _____

Where do you see yourself personally and professionally in 3 years? _____

Name Four Exercises Specifically for the Triceps:

- 1.
- 2.
- 3.
- 4.

Name Four Exercises Specifically for the Deltoids:

- 1.
- 2.
- 3.
- 4.

Hours Available to Work:

Mon. _____ Tues. _____ Wed. _____

Thurs. _____ Fri. _____ Sat. _____

Past Employment History (Please list your last four places of employment):

Employer	Phone Number	Job Description	Dates of Employment
1.			
2.			
3.			
4.			

References (must be past employers or someone who knows your character- i.e. professor, pastor, someone you interned for):

Name	Description	Phone Number
1.		
2.		
3.		

By signing this application I acknowledge the above information to be true and accurate to the best of my knowledge.

Applicant _____

Date _____